

Good Morning to all,

Isn't it amazing how busy our lives can get? When we work, we work a lot. When we play, we go all out. When we are home, we have kids to take care of or school events to attend. When it comes to church, we could be at a service or small group every other day if we really wanted.

It can be hard sometimes to put time aside for God. Isaiah 30:15 says, "*In repentance and rest is your salvation, in quietness and trust is your strength...*" It seems too often in our lives that we forget to give God our time. Then this even gets harder when something unexpected comes up in our life. This could be a death in the family, the loss of a job, your car breaks down, or anything that is unexpected. When any of these happen to us, our first response is often to set things back to "normal mode." We look for the plans of action necessary to set things in order and then we ask God to bless us along the way. I believe that we try to handle situations, then ask God for help, when it should be the other way around.

Psalms 46:10 says. "*Be still, and know that I am God.*" I believe too often we forget to be still. So as you go throughout this week remember that our comfort won't come from solving the issues alone, but knowing God and his ways during our busy life. My challenge for you this week is to take 5 minutes of your day, each day, to be in a quiet place and rest in God. As you begin to make this a habit you will soon understand its importance.

May God Bless You! Pastor Eric